

Drumming

By guitaraurav



Who we are

An academy for teaching the music & providing employee engagement activities through music in Mumbai, Pune & Delhi.

Looking after the great demand of employee engagement services and teambuilding activities in corporate, we have chosen music activities to provide recreation and removing monotony from regular routine. With an innovative concept, we have been serving the clients who are best in class, belonging to corporate world of major metropolitan cities of India.

Profile overview:

- Associated with more than 25 blue chip companies such as Wipro, Reliance, L&T etc.
- Courses designed by music celebrity Mr. Chintoo singh, a bollywood famous guitarist.
- Certified Guitar training & best in the corporate, 'A' grade artists/teachers to teach.
- Awarded by Brooklyn Business Success Inc.
- Member of CTEA (Cine & Television Education Association).
- 1200+ students at corporate.
- Extended employee engagement services in Drumming, Dancing, Music therapy, Yoga & Meditation.



As an engagement

Stress Relief

Playing the drums is beneficial to stress relief. According to a study appearing in "Alternative Therapies," group drumming, has the potential to produce cumulative positive effects induces relaxation, enhances awareness and releases emotional trauma so much that well-being to people facing long-term conditions. It results in less hormonal stress response. According to a study conducted by Michael Winkelman it is useful in treating addiction. Researchers at the Meadville Medical Center's Wellness Center have shown that group drumming reduces burnout and improves mood in long-term nursing care workers.

Brain Aid

Playing the drums can be beneficial to physical well-being. A 150-lb. person can burn 272 calories playing drums for an hour. Clem Burke, the drummer for Blondie, has been working with Dr. Steve Draper at the University of Gloucestershire, who monitored his heart rate during a **concert, which got as high as 190 beats** per minute, his exertion rate equaling that of a professional soccer player. Drumming also improves reflexes and develops muscles.

Physical Health

Playing the drums, like any other musical instrument, has positive effects on brain development and coordination. Drumming is beneficial to hand-eye coordination. Drumming can even lead to an increase in IQ scores. According to a study conducted by E. Glenn Schellenberg at the University of Toronto, those receiving music lessons reported higher IQ scores.



Our corporate course

Course	Duration	Syllabus
Module 1	3 Months (12 Sessions) (18 Hours)	Mechanical, physical and ergonomic principles of hand and foot technique, co-ordination, control, speed, endurance and mobility to develop, mental approach to performing and practicing, understanding of the principles of African, Cuban and Brazilian rhythms.
Module 2	3 Months (12 Sessions) (18 Hours)	Tools to be totally creative in your own right, approaches of the great drummers and develop the dexterity and co-ordination needed to respond to any musical situation.

Whether it is metal music or pop, our Drumming lessons are productive and enjoyable, all styles available.



Pricing & Curriculum

Content	Details
Actual price	Rs. 6000/- Per Head (quarterly)
Corporate price	Rs. 3600/- Per Head (quarterly)
Class duration	1.30 hour (Once in a week)
Total sessions	12 + 12
Course duration	3 Months + 3 Months

Don't pay Rs. 6000/- Get corporate discount and learn Drumming in just **Rs. 36000/- only.**



FAQ's

Q.1 I have never played a drums before – what will you help me with?

Ans. We will help you through the basics of drumming and present you with the information and guidance you need to play.

Q. 2 Will you support me for purchasing a drum set?

Ans. Of course! Don't worry! On 1st session we will provide also help you to select a guitar.

Q. 3 What if I miss a session?

Ans. No problem! You can either drop in on the same session of a different batch of your class or you can take a free private "mini" lesson at a convenient time.

Q. 4 The classes conducted shall be in your premises or ours?

Ans. The class will be held in your premises only, Also we do have many branches and jam rooms where you can come and joint us in your free times.

Q.5 I have a question not covered in the FAQ's?

Ans. Write us on info@guitargaurav.com or call us on +91 9664999477 for any kind of support.



Thank you



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